



TO PLACE AN ORDER or if you have comments

or concerns, please call: 1-866-204-6111

M-F 7 AM to 6 PM CST ORDER DEADLINE: Tuesday at 5 PM CST for delivery the following week

Developed in accordance with guidelines from the International Dysphagia Diet Standardization Initiative (IDDSI) Framework.

Carbs (g): Approximate grams of carbohydrates are shown for the tray only and the full meal including milk

ITEM	Breakfast	CARBS (g)	
952	Vanilla Pancakes with Maple Berry Sauce and Breakfast Turkey Patty —	83	95
956	Cheese Omelet with Brown Sugar Pork and Blueberry Applesauce 发	58	70
957	French Toast with Scrambled Eggs and Sweet Pineapples —	74	86
975	Scrambled Eggs with Brown Sugar Pork and Apple Fritter	41	53

Lunch and Dinner

950	Chicken Enchilada with Refried Beans and Cinnamon Apples and Vanilla Pudding 🔰	66	101
951	Chicken Parmesan and Broccoli with Cheese and Vanilla Pudding	21	56
953	BBQ Pork Sandwich and Creamed Corn and Chocolate Pudding	46	81
954	Cheeseburger and BBQ Baked Beans and Vanilla Pudding	53	88
955	Roasted Chicken with Mashed Potatoes and Brown Sugar Glazed Carrots and Applesauce 发 ——	40	65
958	Pepperoni Supreme Pizza and Pineapple Upside Down Cake	63	75
959	Pork Roast with Sweet Potatoes and Green Beans and Chocolate Pudding 发	35	69
960	Beef Pot Roast with Gravy, Mashed Potatoes and Peach Cobbler and Chocolate Pudding ——	49	83
961	Chicken Pot Pie and Strawberry Shortcake, Applesauce and Chocolate Pudding	50	96
963	Roast Turkey with Gravy, Stuffing, and Cranberry Applesauce and Chocolate Pudding	71	105
971	Tuna Noodle Casserole and Chocolate Cake with Cherries, Applesauce and Vanilla Pudding	60	107
972	Meatloaf with Mashed Potatoes and Green Beans, Applesauce and Vanilla Pudding 👏 ——	50	97

🗕 Customer Favorite 🛛 🔰 Gluten Free

REFRIGERATE MEALS UPON ARRIVAL.

All Meals Include Milk.

Please select the meals that are most appropriate for your dietary needs.

Menus are subject to change.

As with any kitchen, there are times when availability of ingredients can fluctuate causing us to utilize alternative options with like nutritionals.

